

#1 Rule Safety First

STEPPING ONTO YOUR NEW PATH – SHIFTING YOUR PARADIGM

- 1) Please download and/or copy the PDF url for each lesson
- 2) Much of Level I will seem almost too easy – don't let that fool you, as we are inserting certain terminology and connections throughout, and demonstrating, implicitly, the inherent relationships that exist across all Skill-sets.
- 3) The Expectation for Level I, is that you, as the student, will watch at least 1 session per day, and do this twice per week – averaging 2 sessions per week. This will change for each Level going forward. **ZERO homework or note-taking for Level I !!!**
- 4) The Expectation for Skills-Fare training is that you will adjust your mindset to accept and perform, diligently, for all Skills being introduced – you do not yet have the capacity to decide

what you enjoy or favor, so let that honest reflection guide you into a state of openness.

- 5) Let the information flow through you, especially for the first few Levels, as you begin to understand the web of connectivity.
- 6) Understand, here and now, in the present, that we are presenting information to you in the moment of that session – do not worry yourself with what is coming next, or what you'll be learning in a far distant, upper Level.
- 7) You are on a path of **exponential learning** – “exponential,” has a special meaning: at first, the material will seem painfully slow, and as you go forward along this path, your pace will not seem to go any quicker. However, soon enough, whether you realize it or not, your paradigm will shift, your attitude will shift, your capabilities will shift, your strength and speed and accuracy and Quality for all Skills will shift, and you'll be completing tasks at a rate that you never thought possible – and it will become EASY.

Why is this true? Because you are on the path to understanding that each Skill comprises 4-6+ component Skill attributes, meaning, that as you learn a single Skill within the Skills-Fare method, you are actually being taught 4-6+ other Skills – this, in turn, implies that:

- a. learning the next Skill will be far easier, because you've already been introduced to it, and
- b. secondly, that as you learn a new Skill, you are reinforcing the learning of previous Skills,
- c. all of which is being presented, methodically, in a contextual framework (the "**Skills web**").

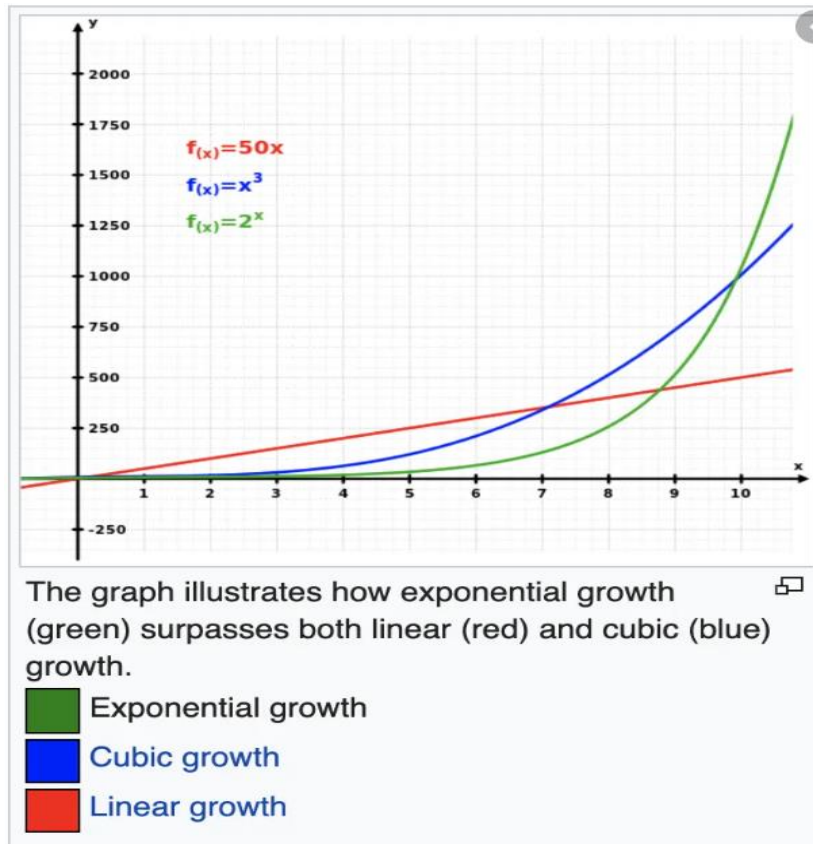
Let's look at the graph below, to set this in motion with respect to your expectations as a Student –

- the **Red** line represents modern academic linear approach – and what you don't see is the "plateau effect", meaning that because you are not introducing

adversity or change of information reception (learning styles), you will eventually level off, and in fact, like the “specialist Hedgehog” [noted by David Epstein in his book: “Range”], your abilities will actually diminish the longer you stay contained within your silo’d environment.

- the **Blue** line represents the cubic learning that is achievable when you introduce Project Based Learning, the understanding of “systems-oriented thinking” (stepping away from silo’s), and, the concept of Practicing with Definiteness of Purpose [ala Napoleon Hill’s design].
- the **Green** line represents the Skills-Fare approach, which applies all the attributes of the **Blue** line, but within a specifically derived Method of introducing “new” information, along with a whole host of other insights from advanced learning, collection, analysis, and presentation, in order to devise a path toward the Web

of interrelated Skills, such that your growth becomes accelerated, even as you take on greater and more complex tasking. And the incredible irony: it's actually easier to learn new concepts utilizing this method, than to attempt the silo'd, linear approach noted above.



- 8) It doesn't matter who you are. All humans (with very, VERY rare exceptions) contain the innate ability to achieve far more!
- 9) Do not stop, do not "take a break" – **keep on the path!** – just when you think "OMG! Video after video after video," the pace will increase, and you'll be provided other learning tools...

Now, as we embark on Level I material, here is a vitally important mantra that we'll be owning in the near future, for all our activities:

1. **Map** out the objective or goal, as well as your plan to get there
2. Do the **Work** (practice, practice, practice, hone your skill, examine every aspect closer and closer, repeat until you are satisfied you can answer all of those serious questions listed above!)
3. **Speak** to your efforts (aka presentation)